

Breaking Cycles - The Core Ingredients

Sophie Humphreys OBE

The Insider Outsider

How to be one......



- Infiltrate the system you know, free people
- Navigate system chameleon style
- Change the starting point e.g. crazy about people and children
- Start with Aspiration

How to be one.....

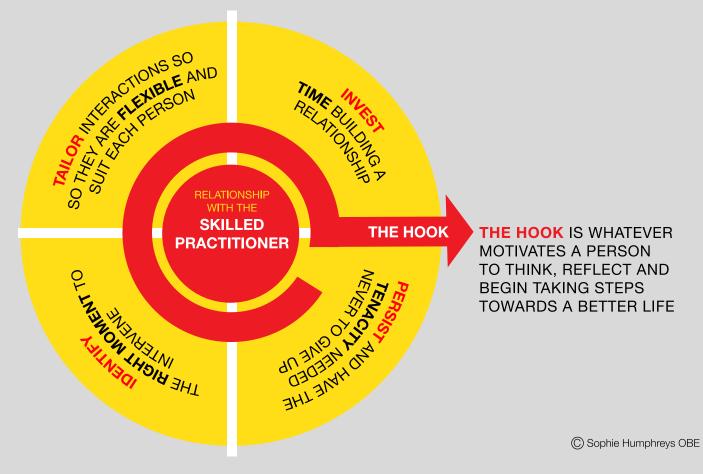


- Strategy for change, structural and cultural simultaneously e.g. Breaking Cycles
- Find the hook for everyone
- Its ok to feel
- Permeable membranes rather than rigid boundaries
- Show not tell modelling across the system

Recipe for success

- Clearly articulated problem to solve
 - Clear evidence based solution
 - Branding
 - Describe it in a sentence
 - Cost benefit
- Great people to solve it
- Context that enables them to do it

BREAKING CYCLES: 'THE CORE INGREDIENTS'





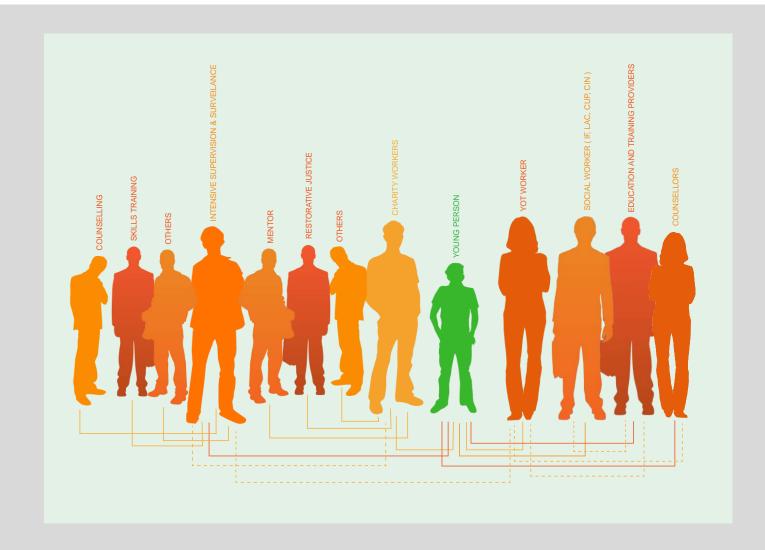




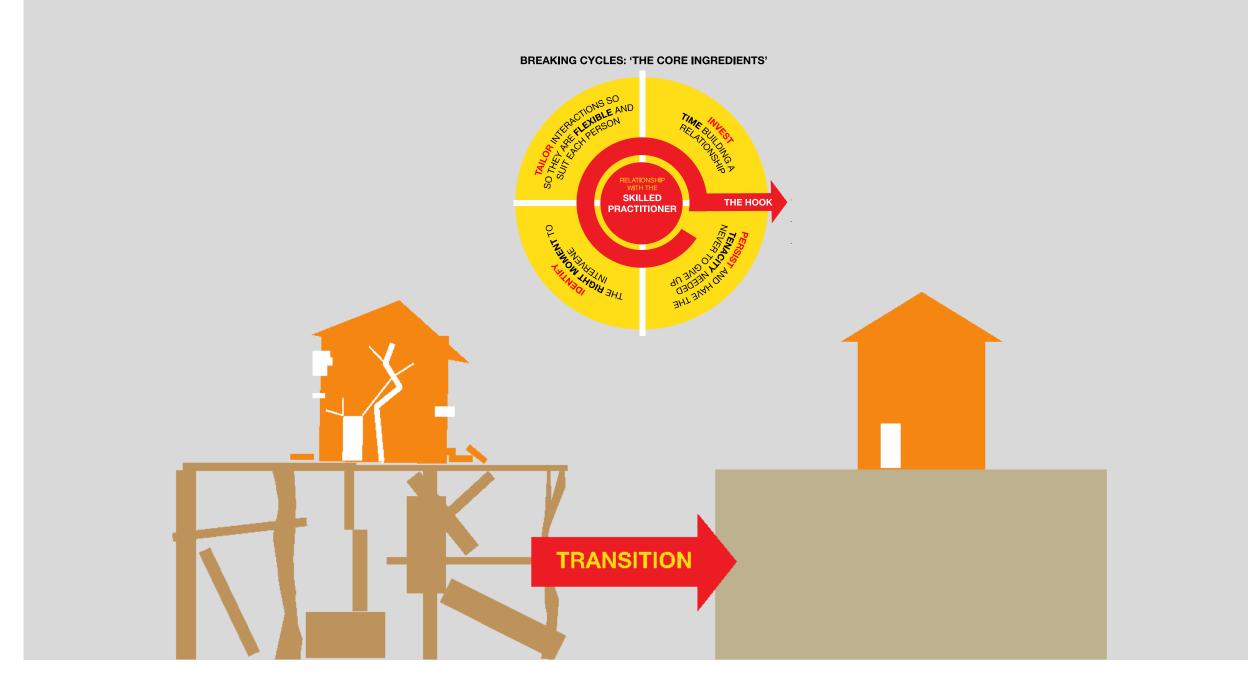


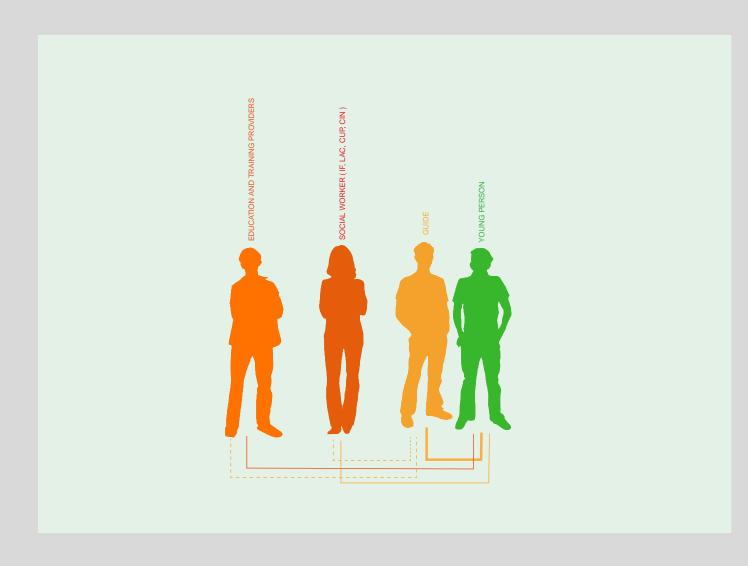






Multiple lenses – child is invisible





Focus and clarity – child is discovered

Evaluation main findings: Cost savings for local areas



For every **£1** spent on Pause,



£4.50 is saved over four years and

£7.61 over 18 years.

Secure Children's Home average annual cost per young person

£210,000

Secure Training Centre average annual cost per young person

£160,000

Young Offenders Institute average annual cost per young person

£70,000

WHATEVER IT TAKES (WIT) exists to break the destructive cycle of offending behaviours in children enabling them to enjoy lives of choice and opportunity.

Average annual cost of WIT per young person

£16,000



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