



YOUR CHOICE

Your Choice Clinical Lead

Qualifications & Experience

- A good understanding of mental health difficulties prevalent amongst children likely to have experienced early trauma and Adverse Childhood Experiences (ACE's), and their varied presentation in this age group.
- Good working knowledge of CBT, the underpinning principles and techniques that address thoughts, feelings or behaviour that may be impacting on an individual's goals.
- Experience of delivering therapeutic interventions in clinical settings.
- Registered with a professional body such as HCPC, BACP, UKCP & social work England.

Key tasks

- To provide clinical supervision to Your Choice practitioners (at least monthly but may be more frequent in initial implementation phase);
 - To support their continued learning and application of cognitive behavioural theory and techniques in their day to day practice
 - To support the development of formulations underpinned by CBT principles for each young person referred to the Your Choice Programme
 - To support the application of CBT tools and techniques in practice, in accordance with young person's formulation and Your Choice plan
 - To provide "live supervision" as appropriate to ensure that practice is observed (either directly or indirectly), reflected on and fed back to Your Choice practitioners to review and maintain quality of practice.
 - To support Your Choice practitioners to explore their own personal and emotional reactions to their work.

Please note this can incorporate group supervision as appropriate but one to one supervision should also be available.

- To engage with Your Choice SPOC and community of practice to ensure that information regarding the Your Choice programme is fed back to the Central team and evaluators.

LIIA is London's Regional Improvement and Innovation Alliance (RIIA) and works with the ADCS, London Councils, Department for Education, the Local Government Association (LGA), the Society of Local Authority Chief Executives (SOLACE) and the eight other RIIA across the country to promote learning through collaboration which benefits children.