

# Intervention First Team (IFT)



## What do we offer?

12 session programme designed for children aged 4 - 7 years old, who attend a primary school in Harlesden. Support will be designed around each child and family's needs, it may involve direct work with you, your child and your child's school.

## What might this support look like?

- Space to think and talk about how you and school can best support your child.
- One-to-one sessions to help you understand your child and build a positive relationship with them
- Group sessions with other parents to provide a supportive space to think about your children
- One-to-one sessions with your child in school
- Work with your child's school to support learning and understanding of your child's needs
- Letting you know about other services that may be able to help you and/or your child

## Meet the team:



**Tina Murray**  
Team Manager



**Natalie Phillips**  
Team Leader



**Jyoti Pooni**  
Clinical Psychologist



**Hannah Vallance**  
Child and Family Specialist



**Zoë Baird**  
Assistant Educational Psychologist



**Rio Dunsdon-Fry**  
Child and Family Specialist

## Programme aims:

- Promote children's all-round development (social, emotional, language & behaviour).
- Support parents/carers to develop effective parenting strategies.
- Increase parents/carers support networks.
- Strengthen parents/carers and children's relationships.
- Provide a safe, non-judgemental space to think about your child and share ideas.
- You know your child and family's needs best; we aim to work in partnership with you to build a programme.

## Contact us:

[interventionfirstteam@brent.gov.uk](mailto:interventionfirstteam@brent.gov.uk)



# What will happen next?



## Referral



A referral is made by school. IFT will discuss the referral and decide if we are the right service for your child. You will be allocated a key worker.



**2 - 4 weeks**

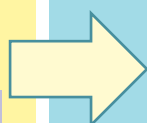


## First meeting

Your key worker will contact you to book an initial meeting. This is to find out more about your child and family.



We may also meet with other professionals who are working with your family so we can understand how to best support you. This could include teachers, social workers, or other therapists.



## Intervention

A programme will be created to meet the needs of your child and family. This may include:

- Weekly sessions with parents / carers
- Weekly sessions with your child
- In school educational support
- Consultation with professionals



## Plan



Your key worker will meet with the Intervention First Team to discuss what support we can offer **OR** will let you know about other services if we cannot offer appropriate support to your child.

## Review

Throughout the programme, we will review how things are going for your child at home and at school, by asking you to complete questionnaires. We will book a time to check-in, 6-weeks after the programme has finished.

**After 6 weeks**



## What we ask from you:

- To come to every booked session on time
- If you can't come to a session or are running late, let us know as soon as you can by email or phone/text
- Stay in regular contact with us about your sessions
- Work together with us to provide the best support for your child
- Let us know of other professionals working with your family



**Confidentiality:** Your confidentiality and privacy are very important to us. The things that you and your child share with us will be confidential. The only time that we would have to share them is if we were concerned about your child or family's safety. We may also have conversations with other professionals who are working with your family, but we would make sure you are aware of this, and the information being shared in advance of the conversation happening.

