

Implementation Check List. This is a set of questions that will help inform key decision-makers to ensure the proposed site is ready to support the training of Your Choice

It is expected that the answers to these questions will have been identified during the standard co-production process. However, should you require further support this is available upon request.

1. Have you defined the proposed context for the delivery of Your Choice? E.g. what is its service/ team/ role?

Please describe

2. Have you identified the proposed cohort of young people to receive Your Choice?

Please describe

3. Have you identified the key personnel in the delivery Your Choice?

Please describe – at minimum this will include Your Choice Clinical Leads (also may be Your Choice Trainers), Your Choice Certificated Coaches (likely existing practitioners) and Single Point of Contact for liaison with Your Choice central team.

4. Have you considered the key stakeholders in implementation, including those with operational and strategic responsibilities?

Please describe

5. Have you put together a basic communications strategy? Please note that the central team have template resources to support this.

Please describe

6. Have you put together a timeline for local implementation with a SMART action plan?

Please describe

7. Please outline your local theory of change. Please note that the central team have a template resource to support this.

7. Have you ensured that there is sufficient internal resourcing for the implementation and delivery of Your Choice for a minimum of two years?

- ✓ Central overheads, management and governance
- ✓ Single Point of Contact (liaison between YC central team & site)
- ✓ Release for training (clinical lead, practitioners)
- ✓ Release for familiarisation training (service managers & others)
- ✓ Clinical supervision
- ✓ Internal delivery team



Behavioural Activation local fund – can vary according to budgets. We recommend between £50 and £500 per child.